



June Newsletter

Volume 1, Issue 1
June 2022

Au Sable River Valley Business Association

June's Business Showcase at Warrior Remedies Jay, NY

Bring your Spouse, a Friend – **Everyone is Invited!!**

Meet Eleri

Eleri grew up in North Wales, UK and moved to the USA in 2019. Eleri trained as a clinical herbalist in the UK, and has been a practicing herbalism for 12 years.



Meet Eleri Smith, Warrior Remedies

Eleri also trained as a gardener and combines the organic and sustainable principles she learned working at Canterbury Cathedral and for the Prince of Wales to the growing of her herbs. A keen educator, Eleri loves to share her knowledge with others. Come and discover the joy of herbs for yourself.

Date & Time

Tuesday June 14, 2022
6:30PM | Welcome

Agenda:

- Introduction to herbalism and wellness coaching
- Herbs in your garden
- How herbs and coaching can benefit you

Location:

Address: 12948 NY
Rte 9N, Jay, NY 12941

Parking on street, or in the post office car park. If you have mobility issues, please contact Eleri to alternative parking by calling 518-637-3236

Please bring a chair.

Contact Information


Warrior Remedies

Herbalist and Wellness and
Life Coaching

Cell Phone: 518.637.3236

Email:
warrior.remedies@gmail.com

 facebook.com/
WarriorLifeRemedies

 instagram.com/
warrior.remedies

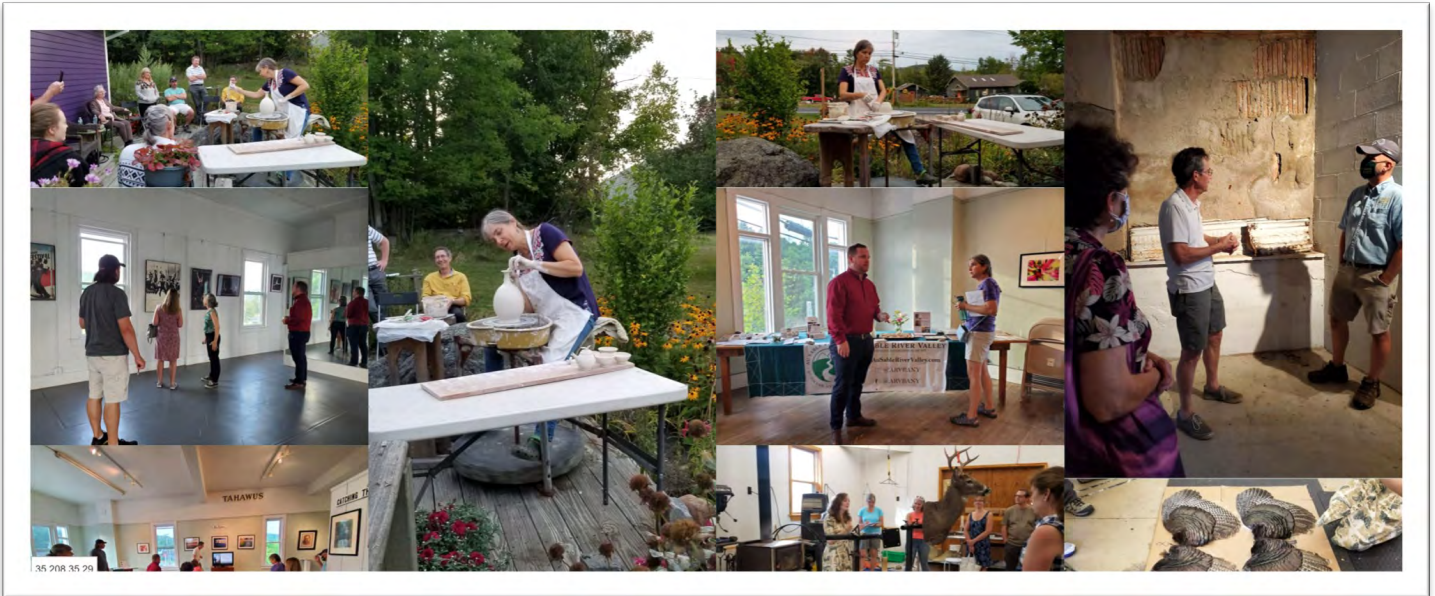
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July's Business Showcase TBD - visit ausablerivervalley.com for information

Volunteer Opportunity

Do you have the passion for program development and event planning? Then we are looking for you! We need a Showcase Event Coordinator to lead the ARVBA's Business Showcases. If this is you, and you are interested, contact info@ausablevalley.com for details.



Au Sable River Valley Business Association Members

Welcome New Members!!

Businesses

To The Penny Bookkeeping
 Lunar Liquid Art
 Ice Jam Inn & Restaurant
 Copper + Moonstone

Community

Scott Sheffield
 Stacy Spletzer

Business Members

20 Main
 Adam Coolidge, Real Estate
 Adirondack Mountain
 Retreats
 Adirondack Surveying PLLC
 Asgaard Farm & Dairy

Ausable Theater
 B.A. Straight Real Estate
 Cabin Creek Stitchery
 Coldspring NY
 Elfenwood Farm
 Gabrielle Theresa Coaching
 Ice Jam Inn & Restaurant
 Jay Community News
 Jay Craft Center
 Kira Witherwax, Real Estate
 Lunar Liquid Art
 Mountain Valley FCU
 Smart Site Designs
 Spear, Martha Consulting
 Styx River Taxidermy
 Sugar House Creamery

Tahawus Cultural Center
 To The Penny Bookkeeping
 Tomcat Woodcrafting
 Tri-Lake Realty
 Upper Jay Arts Center
 Ward Lumber
 Warrior Remedies
 Young's Studio & Gallery

Community Members

Knut Sauer
 Jaime Cecilia
 Lynn Edmonds
 Garth Rogers
 Collin McCullough
 Scott Sheffield



Upcoming Events

Volunteers and Raffle Prizes Needed

ARVBA is excited to be participating at the July 4th Celebrations, The Iron Man Village July 21-23, and Jay Day on August 13th! We will be providing information on ARVBA and our members, recruiting new members, and hopefully have some raffles as a fund raiser.

We need volunteers to help man the tables, and if you are willing to donate raffle prizes that would be great!

July 4th, 2022 Celebrations

The 4th of July celebrations will commence with a Parade at 12 noon, followed by food and refreshments, activities, vendors and music at the Jay Fire Department grounds. There will also be music and other stuff happen-

ing at Jay Village Green, and a Car Rally/show at the Douglas Memorial Park by the Covered bridge. Additional activities are being planned as well and will be announced as they get confirmed. The day will culminate with a great Fireworks show. ARVBA is looking to march in the Parade and would welcome our members, family, and friends to join us! Volunteer shifts for the table would be 2-3 hrs, but shorter or longer shifts are also available.

Iron Man Village, July 21-23

Iron Man tables will be at the Iron Man Village at the Lake Placid Horseshow Grounds, July 21-23. (The Iron Man race is on July 24th). This could be a very exciting event and great opportunity as we get to showcase our community and businesses and interact with

so many visitors and athletes from out of town. We are also offering our members an opportunity to show case and sell their products at the tables. But we do need quite a few volunteers, to make that happen. Hours are 9 am – 5 pm Thursday and Friday July 21-22 and 9 am – 2 pm on Saturday July 23, and we are looking for 4 hr. volunteer shifts, but will accommodate shorter and longer shifts.

Jay Day August 13th, 2022

Jay Day on August 13th, 10 am – 4 pm, at the historic Jay Village Green, will feature 35+ vendors, food and refreshment, music and lots of fun! Volunteer shifts 2-3 hrs., but shorter or longer shifts are available as well.

If you are interested in providing gifts for the raffles and/or volunteer at the tables, please contact Knut Sauer at knutsauer@frontiernet.net

Event Listing/Submit an Event Website Feature

The new event/submit feature is setup on the ARVBANY website – give it a try.

Visit ausablerivervalley.com and on the main navigation menu you will find the

“Events” menu, this will display all the events that have been approved for display. Next to that you will see a “Submit an Event” menu and this is where you can submit your own event. You must

create an account in order to interact with this feature. Just enter the information, and submit your event, once approved it will be listed. Please allow 24 to 48 hours for the review process.

Au Sable River Valley Business Association

Address:

PO Box 55, Au Sable Forks NY 12912

Website: ausablerivervalley.com

Email: info@ausablerivervalley.com

www.facebook.com/ARVBANY

www.instagram.com/arvbany

@ARVBANY



OUR MISSION

The Au Sable River Valley Business Association is organized to achieve these objectives: Fostering business and community growth and development through economic programs designed to strengthen and expand the income potential of all businesses in the trade area; promoting programs of a civic, social, and cultural nature that are designed to increase the functional and aesthetic values of the community.



Au Sable River Valley
Business Association

National Knit in Public Day June 11th

Yarns at Young's (Studio & Gallery) is hosting a gathering. Bring your knitting or crochet and join us on the deck from 1 to 3 pm. 10% off on all yarn for the day.

Participants will be entered into a drawing for a custom knitting kit, a \$30 value.

A yarn tasting will be included as well as a Super Sale Basket of yarns at \$1 a skein.

Light refreshments available, seating is limited so bring a camp chair if you have one.

Contact Information

Address: 6588 NY-86, Jay New York 12941

Phone: 518.946.7301

Email: suebyoung@hotmail.com

